

Smart Cycling Coaching, Inc.

Name

Starting Date

Body Height _____ cm. Weight _____ kgs.

BODY DIMENSIONS

Torso Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Arm Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Arm Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right/Left Arm Span	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Knee to Hip	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Knee to Hip	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Knee to Floor	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Knee to Floor	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____

BODY DIMENSIONS

Torso Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Arm Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Arm Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right/Left Arm Span	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Length	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Knee to Hip	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Knee to Hip	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Right Leg Knee to Floor	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____
Left Leg Knee to Floor	in cm.	Date	_____	cm.	_____	Date	_____	cm.	_____	Date	_____	cm.	_____

Remarks: _____

