

RIDER PHYSICAL INFORMATION

Body Weight _____ kgs.

Body Height _____ cm.

UPPER BODY DIMENSIONS

Head Length _____ cm.

Head Circumference _____ cm.

Neck Length _____ cm.

Neck Circumference _____ cm.

Torso Length _____ cm.

Shoulder Width _____ cm.

Waist Circumference _____ cm.

Chest Circumference _____ cm.

Right Arm Length _____ cm.

Left Arm Length _____ cm.

Right Shoulder to Elbow _____ cm.

Left Shoulder to Elbow _____ cm.

Right Bicep Circumference _____ cm.

Left Bicep Circumference _____ cm.

Right Elbow Circumference _____ cm.

Left Elbow Circumference _____ cm.

Right Elbow to Wrist _____ cm.

Left Elbow to Wrist _____ cm.

Right Wrist Circumference _____ cm.

Left Wrist Circumference _____ cm.

UPPER BODY DIMENSIONS

Right Leg Length _____ cm.

Left Leg Length _____ cm.

Right Thigh Circumference _____ cm.

Left Thigh Circumference _____ cm.

Right Knee to Hip _____ cm.

Left Knee to Hip _____ cm.

Right Knee to Crotch _____ cm.

Left Knee to Crotch _____ cm.

Right Knee Circumference _____ cm.

Left Knee Circumference _____ cm.

Right Ankle to Knee _____ cm.

Left Ankle to Knee _____ cm.

Right Ankle Circumference _____ cm.

Left Ankle Circumference _____ cm.

Right Ankle Height _____ cm.

Left Ankle Height _____ cm.

Right Foot Length _____ cm.

Left Foot Length _____ cm.

Inseam _____ cm.

Inseam based Saddle Height _____ cm.

Right Upper/Lower Leg Ratio _____ :1

Left Upper/Lower Leg Ratio _____ :1

SHOE DIMENSIONS

Brand: _____ Model: _____ Size: _____

Right Cleat From Toe _____ cm. Left Cleat From Toe _____ cm.

Right Cleat From Side _____ cm. Left Cleat From Side _____ cm.

FRAME DIMENSIONS

Brand: _____ Model: _____

Seat Tube Length _____ cm. Top Tube Length _____ cm.

Down Tube Length _____ cm. Head Tube Length _____ cm.

Frame Diagonal _____ cm. Bottom Bracket Height _____ cm.

Seatstay Length _____ cm. Chainstay Length _____ cm.

Wheelbase _____ cm. Wheel Radius _____ cm.

Frame Weight _____ kgs. Fork Weight _____ kgs.

Bike Weight _____ kgs. Seat Tube Angle _____ deg.

Crankarm Length _____ cm. Handlebar Stem Length _____ cm.

Handlebar Width _____ cm. Handlebar Depth _____ cm.

BICYCLE ADJUSTMENTS

Saddle Height _____ cm. Handlebar Height _____ cm.

Saddle to Handlebar _____ cm. Saddle Over Handlebar _____ cm.

Saddle Setback _____ cm. Saddle Over Top Tube _____ cm.

Aerobar Extension _____ cm.

Front Shock Travel _____ cm. Rear Shock Travel _____ cm.

This bike is used for: Track Racing _____

Road Racing _____ Cyclo Cross Racing _____

Criterium Racing _____ Downhill Racing _____

Time Trial Racing _____ Cross Country Racing _____

Remarks: _____

